

4th June 2014

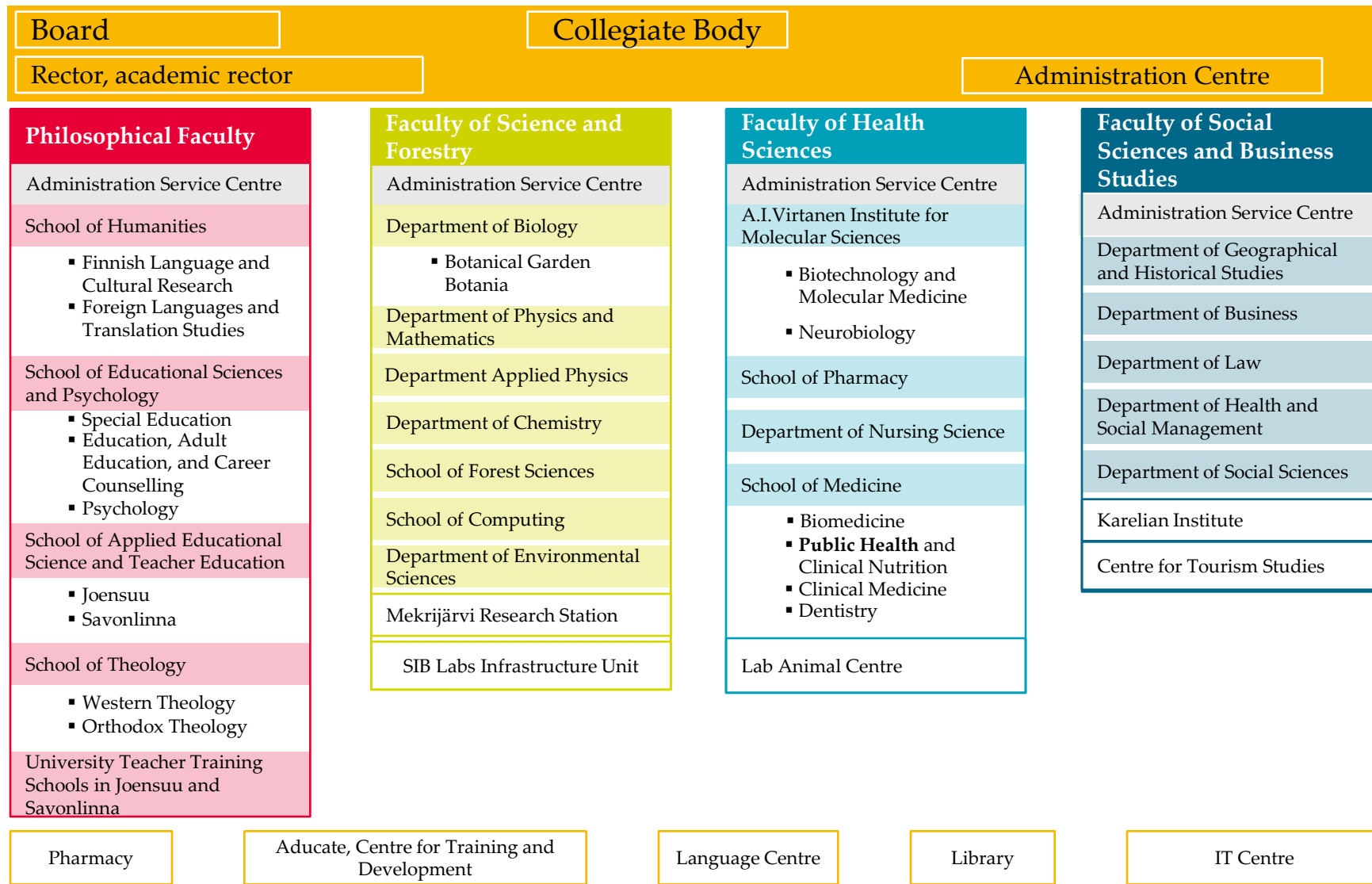
Public Health and Nutrition – UEF's Africa experience

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Connections to food and nutrition security

- Education
- Developmental Projects

Teaching programmes

PhD training, Postgraduate medical training

MSc Degree
programme
in
Public Health
MPH
(International)

MSc Degree
programme in
Public Health
Nutrition
MPHN
(International)

Finnish-
Russian
Cross-Border
University
MPH-CBU
(International)

MSc in
Public Health
(Finnish)

MSc in
Nutrition
(Finnish)

Public Health
Programme
in Medicine
PHP

Other courses
and seminars

Health
promotion

Bachelor in
Public Health
(Finnish)

Bachelor in
Nutrition
(Finnish)

Teaching in MD programme:

Public health, International health, Epidemiology,
Family medicine, Geriatrics, Occupational health, Medical sociology,
Health promotion, Health psychology, Environmental health



Master in Public Health Nutrition (MPHN)

- A special track of the MPH degree since 2008
- Public health nutrition focuses in the promotion of good health and maintenance of well-being through nutrition in the whole population. Prevention of diet-related illnesses is also emphasized.
- The studies include a module in public health nutrition and the basic structure follows MPH programme.



Public health nutrition courses

- Principles of Nutrition
- Nutrition in the Life Cycle
- **Public Health Nutrition**
- European Food and Nutrition
- **Food and Nutrition Policy**
- Food and Culture

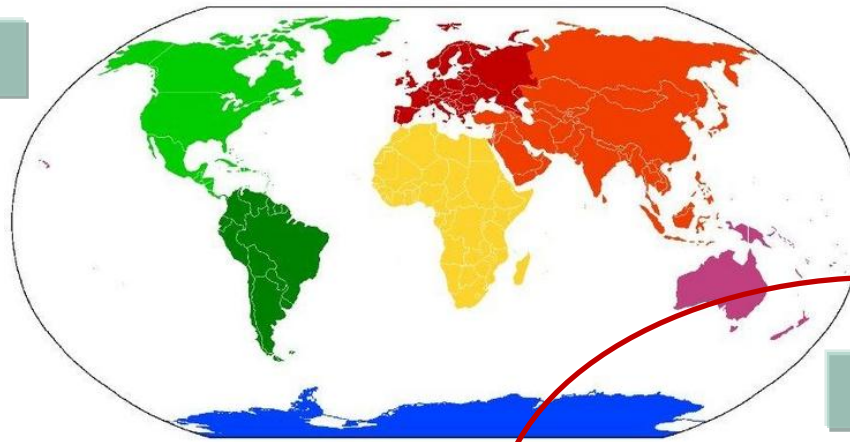
CBU (Russia)

UNIPID

ERASMUS (Europe)

NCI (India)

ASPHER (European region)



N-SS (Africa)

European University
Foundation
Campus Europae

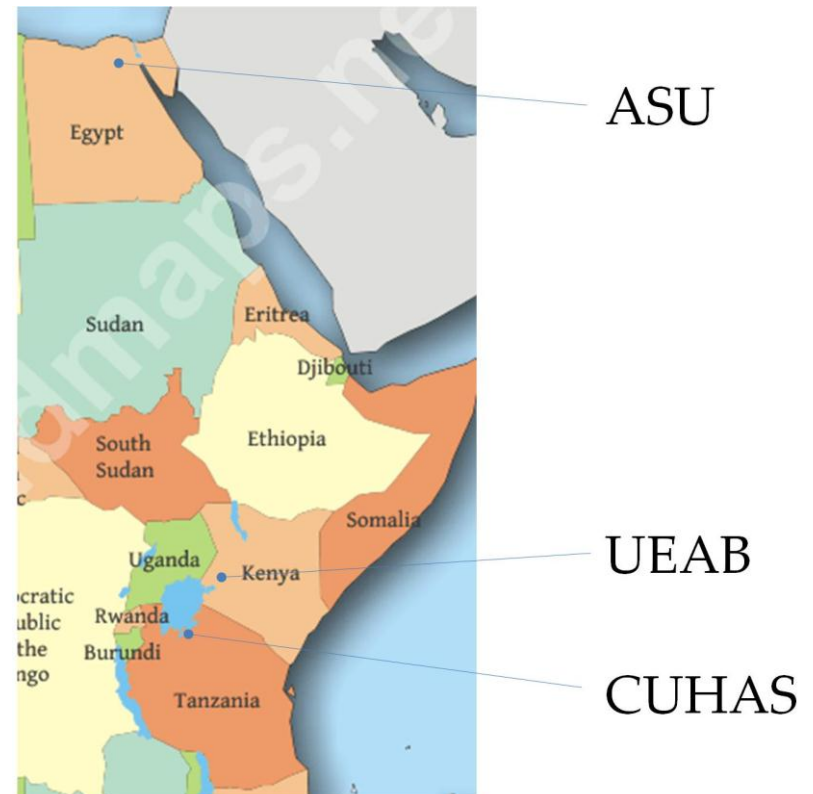
HEI-ICI (Africa)

Improving the quality of higher education in public health sciences (HEPS I and II)

- Project is funded by the Higher Education Institutions Institutional Cooperation Instrument (HEI ICI) of MFA.
- The project aims at building capacities of public health academics in African partner institutions.
 - Public health
 - Nursing

Partners

- University of Eastern Africa, Baraton (UEAB), Kenya;
- Catholic University of Health and Allied Sciences (CUHAS), Tanzania;
- Ain Shams University (ASU), Egypt and
- Karelia University of Applied Sciences (nursing sciences, Karelia-UAS), Joensuu, Finland
- University of Eastern Finland, (UEF), Kuopio, Finland;



Source: www.freeworldmaps.net

Activities focus on

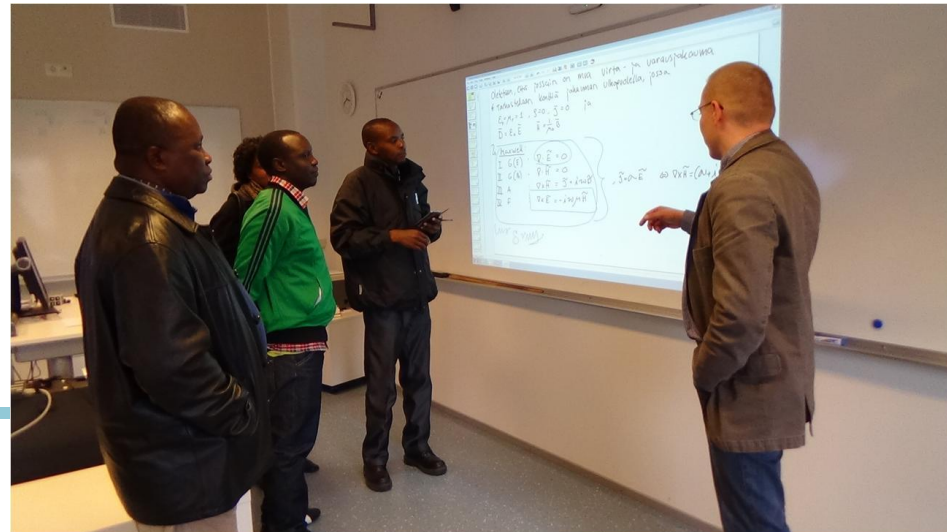
- Strengthening the organizational infrastructures and network,
- Upgrading public health and nursing curricula and
- Building capabilities of junior academics and other staff in modern teaching and evaluation methodology

The results from the first phase 2011-2012

- Continuous long-term collaboration was established.
- Productive dialogue was established for curriculum development based on local needs.
- Several online courses were piloted successfully.
 - Crisis management in Public health
- Skill level of young academic professionals was upgraded in library, ICT and utilization of modern technology.

Work in the second phase continues 2013-2015

- Support for the library and IT services
- South-South activities and collaboration are emphasized
- Curriculum development and planning together online courses
 - Nutritional Issues in African Context
 - Public health and vulnerable population groups
- Pedagogical training especially on student centered learning is introduced as a new element.



Empowering the academic staff in African higher education institutes can bring sustainable changes in the regional education sector.

Forming multi-disciplinary skilled teams enforces the development.



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